



- **There's Hope! Understanding the Roadmap to Help Kids Thrive**

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Notes:

Fundamentals of Change

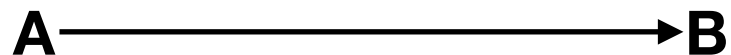
- Parents are the best counselors for their kids if they have a good plan. (Deuteronomy 6:6-9, Ephesians 6:1-4)

- Behavior Modification vs a Heart-Based Approach (1 Samuel 16:7)

- Training vs Correction (2 Timothy 3:16)

Strategy vs Techniques

- Use a map mentality



Seven Ingredients in an Action Plan

- Relationship (emotional connectedness)
- Firmness (structure, practice, consequences)
- Visioning (why, perspective, hope)
- Teaching (how, practical, ownership)
- Prayer (spiritual power, belief training)
- Coaching (attitude, goal-focused, accountability)
- Transferring Responsibility (solution-oriented)